DARIEN HEALTH DEPARTMENT
COVID-19 QUARANTINE AND ISOLATION GUIDELINES

Questions? Call 203-656-7324

Visit: **www.darienct.gov/covid19** or **www.darienct.gov/healthcovid**

PERSON A	PERSON B	PERSON C	PERSON D
Any person who tests positive for COVID-19. **With Symptoms** Isolation until *ALL* of the following have been met: ✓ 10 days since symptoms first appeared ✓ 24 hrs since last fever (without use of medication) ✓ Symptoms have improved **Without Symptoms*** Isolation until ALL of the following have been met: ✓ 10 days have passed since positive test date ✓ Person has monitored health daily and shows no symptoms *PCR test recommended for individuals without symptoms	**Any person who lives in the same household as a person who has tested positive for COVID-19.** **With Symptoms** ✓ Isolate immediately ✓ Get tested ✓ Follow guidelines for Person A **Without Symptoms** ✓ Quarantine immediately ✓ Monitor health daily ✓ Quarantine for 14 days past *last exposure*. This may be 14 days after the positive household member has recovered. ✓ Remain in quarantine for 14 days even if tested with negative result ✓ If symptoms develop, contact Primary Care Provider	**Any person with close contact (within 6 ft for 15 mins or more) to a person who has tested positive for COVID-19.** **With Symptoms** ✓ Isolate immediately ✓ Get tested ✓ Follow guidelines for Person A **Without Symptoms** ✓ Quarantine immediately ✓ Monitor health daily ✓ Quarantine for 14 days past *last exposure* ✓ Remain in quarantine for 14 days even if tested with negative result ✓ If symptoms develop, contact Primary Care Provider	**Any person who has been in close contact with person B or C (i.e. someone who has been *exposed*).** **NO QUARANTINE OR ACTION REQUIRED AT THIS TIME.**

Definitions:
Isolation: Separates infected and contagious people from people who are not sick.
Quarantine: Separates and restricts movement of a person who has been exposed, but not actively ill.
Close Contact: Within 6 ft. of an infected person for at least 15 minutes starting 48 hours before the person became ill and/or tested positive.

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